



# *Betty Munro Vision Studio*

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## **VISION CLASS - \$240**

### **Here's what is possible:**

- Back yourself out of glasses
- See clearly at all distances
- Expand your visual world
- Reduce computer eye stress
- Free yourself of old age sight
- Sharpen your 'normal' vision
- Move through fears which hinder clear eyesight
- Help your children's vision develop
- Nourish your imagination and creativity
- Improve your memory

### **Here's what you will learn:**

- How the eyes work
- How to nourish them
- How to rest them
- What your doctor will never tell you
- Which prescription drugs will harm your eyes, and
- What to do about it
- How to deal with the most insidious killer of all
- How to use your eyes correctly
- The consequences of allowing deterioration
- That prevention is better than cure

### **How does it work?**

Natural Vision Improvement will help you establish habits for everyday life which will support and foster your vision. This is achieved through a variety of activities and games. These methods are designed to help you understand more about your vision and why it changes and to retrain the body and mind which is taught to relax, to visualise and to maintain an attitude that allows the eyes to respond favourably.

### **Help your child to perfect eyesight without glasses!**

Armed with only love and willingness you can turn a faulty vision report into a blazing adventure and miniature miracle for yourself and your child. By taking one step at a time you and your whole family can gain a deeper understanding of the causes of blurred vision.

Walking the natural pathways to restoring clarity of eyesight will allow you to drop the crutches of optical devices along your way. Rational explanations and insights, followed by a host of practical and easy vision improvement games, will lighten your heart and get that child out of glasses.

### **Special classes for children are available for the health and wellbeing of your and your children's eyes!**

The human body is an organic unit. All tissues and organs are interrelated and mutually dependent. Therefore, the health of the eyes - the optical organs of the body - can influence, and be influenced by, any and all of the other organs of the body. Because of this relationship, what is ingested into the body - beneficial or otherwise - will not only affect all of the other organs of the body, but also the eyes. When something goes wrong with the eyes there is very little use in looking for the problem in the eyes alone - the search must go far deeper, and can often be found in faulty diet, with bad nutrition, lack of exercise, or even in prescription drugs. There's a reason.